

PSHE and Citizenship policy

DEFINITION

Personal, Social, Health Education is known as PSHE. It consists of a number of interrelated themes of which the principal threads are:

- Health Education, including Sex and Relationship Education (SRE) and Drug Education,
- Careers Education and Guidance including Work Related Learning
- Personal and social skills development
- Enterprise and economic understanding

Citizenship is a separate national curriculum subject. This includes teaching about democracy and the political system in the UK, financial education, and contributing positively to communities.

PURPOSE

The purpose of the policy is:

- To provide information for parents/carers as to the aims of the programme and their right to withdraw their children from some aspects of the programme
- To identify those areas within the curriculum where provision to develop and support the principal threads can be made within and through other subjects, activities and events
- To make explicit the ways in which the school promotes each student's personal and social responsibility
- To make explicit monitoring, review and evaluation methods and the mechanism for development of the programme
- To confirm that the programme reflects the agreed ethos and aims of Lady Aisha Academy

SPECIFIC AIMS WITHIN THE PSHE/CITIZENSHIP PROGRAMME

Health Education

- To provide factual information on health related issues in an objective, balanced and sensitive manner, set within a clear moral framework
- To develop decision-making skills related to health matters
- To encourage students to take responsibility for their own actions and wellbeing and prepare them for adult life.
- To raise awareness of mental health issues, substance and drug abuse and various forms of physical, emotional and sexual abuse that may be encountered by students and where and how they can get help regarding these issues

Careers Education and Guidance and Work Related Learning

- To enable students to plan for their transition between key stages and to investigate and plan for the next stage of their education/training or employment.
- To develop self-assessment skills and set targets for their future development.
- To acquire the skill of being able to locate and use sources of information to assist with personal decision-making and careers action planning.
- To encourage students to take responsibility for their own actions and wellbeing and prepare them for adult life and the world of work.

Personal and Social Skills Development

- To develop confidence, self-awareness and positive self-esteem, including the ability to lead when appropriate
- To understand and promote the development of good relationships and to be able to work effectively with a group of individuals
- To hone a tolerant and non-judgemental outlook in students so that they appreciate and respect the differences that exist between people
- To encourage students to take responsibility for their own actions and wellbeing and prepare them for adult life
- To promote personal skills including empathy, social skills, self-awareness, motivation and managing feelings
- To develop understanding and skills in relation to social, moral, spiritual and cultural (SMSC) contexts.

Enterprise and economic understanding

- To develop enterprise capability
- To develop financial capability
- To develop economic and business capability
- To encourage students to take responsibility for their own actions and wellbeing and prepare them for adult life.

Citizenship

- To acquire the knowledge and understanding necessary to become informed citizens, including understanding about democracy and political parties
- To develop skills of enquiry and communication
- To develop the skills of participation and responsible action
- To encourage students to take responsibility for their own actions and wellbeing and prepare them for adult life
- To promote the development of good relationships and to appreciate and respect the differences that exists between people.

DELIVERY OF PSHE AND CITIZENSHIP PROGRAMME

- At KS3 and KS4 PSHE, Citizenship and ICT lessons.
- Through extra-curricular activities and events.
- Through visitors to the school and assemblies.
- Through the pastoral care and guidance systems.
- Through Activity Week events.

Reviewed: N Aslam September 2020

To be reviewed in September 2021